

South West Football Academy (SWFA)

Health & Safety Policy

1. Purpose

The purpose of this Health & Safety Policy is to ensure the well-being of all members, staff, and visitors associated with SWFA. We are committed to providing a safe and healthy environment for all participants in our activities.

2. Scope

This policy applies to all members, coaches, staff, volunteers, and any individuals participating in club activities, both on and off the field.

3. Responsibilities

- Club Management: The management team is responsible for the implementation and enforcement of this policy. They will ensure that all staff and volunteers receive appropriate training and resources to uphold health and safety standards.
- Coaches and Staff: Coaches and staff are responsible for ensuring that safety guidelines are followed during all training sessions and matches. They must be vigilant and proactive in identifying and addressing potential hazards.
- Members and Participants: All members are expected to adhere to the club's health and safety guidelines, report hazards, injuries, or concerns to coaches or staff immediately and demonstrate safe practices at all times.

4. Risk Assessment

Regular risk assessments will be conducted to identify potential hazards associated with club activities. Identified risks will be minimised or eliminated whenever possible. All findings will be documented and reviewed regularly.

5. Emergency Procedures

- First Aid: A qualified first aid responder will be present at all training sessions and matches. First aid kits will be readily available and regularly stocked.
- Emergency Contacts: A list of emergency contact numbers for local medical services will be posted at all facilities. The club will ensure that contact details for all members are up-to-date in case of emergencies.
- Evacuation Plans: Clear evacuation procedures will be established and communicated to all members.

6. Health and Fitness

- Members are encouraged to maintain their physical fitness and overall health. It is the responsibility of each member to inform the coaching staff of any medical conditions or injuries that may affect their ability to participate safely.

7. Equipment and Facilities

- All equipment and facilities will be regularly inspected and maintained to ensure safety and functionality. Any damaged or unsafe equipment will be removed from use until repaired or replaced.
- Members will be instructed on the proper use of all equipment and facilities to prevent accidents and injuries.

8. Harassment and Bullying

SWFA is committed to providing an environment free of harassment and bullying. Any incidents of inappropriate behaviour will be addressed immediately, and appropriate disciplinary action will be taken.

9. Training and Awareness

Health and safety training will be provided regularly for all members, staff, and volunteers. This training will include topics such as injury prevention, first aid, emergency procedures, and safe practices during activities.

10. Review and Amendments

This Health & Safety Policy will be reviewed annually to ensure it remains effective and relevant. Amendments will be made as necessary, and all members will be notified of significant changes.

11. Contact Information

For any questions or concerns regarding this Health & Safety Policy, please contact:

Email: jackp@southwestfa.co.uk

By participating in activities organised by [Football Club Name], you acknowledge that you have read, understood, and agree to comply with this Health & Safety Policy.